Chronic Obstructive Pulmonary Disease









2nd Wednesday of every month

Upstairs at Holtwhites Sports Club 1 Kirkland Drive, Enfield EN2 ORN

From 1pm to 3pm

Dates for 2023

January 11th • February 8th • March 8th • April 12th • May 10th June 14th • July 12th • August – No meeting • September 13th October 11th • November 8th • December 13th

For more information contact: Pam Blake (Chairperson) 01992 763443/07305 010910 Marcia Mynett (Volunteer) 01992 719428/07944 146860

We are here to make life more enjoyable. Come and give us a try!